



Title HERE
Media Release

Most women desire a break from the relentless grind of early motherhood, and while some find solace in the escapism that books, television and movies provide, one Melbourne mother, Anne Freeman, tackled the problem in a different way, penning her debut novel.

‘After the birth of my second child, I realised that I’d put all my own writing dreams on hold, as if I was waiting for my life to begin when the children were older. That’s when I started writing **Returning to Adelaide** in the GoogleDocs App on my iPhone. It may sound strange but, because I spent so many hours per day breastfeeding my daughter, it was the only way I could do it!’ the multi-award finalist explains.

The story follows the life of Adelaide Jones, a wife and mother who, when her perfect suburban life begins to unravel, is forced on a journey of self-discovery to the Greek island of Ikaria. ‘I wanted to create a situation that made it not only acceptable, but necessary, for a mother travel to the other side of the world, solo,’ says Anne. ‘I wrote it at a stage in my life when a trip to Kmart alone felt like Club Med, so being *forced* into a trip to the Greek Islands was a total fantasy situation!’

What follows is once-in-a-lifetime adventure which ultimately reignites Adelaide’s tenacity.

Book blogger Brooke Crawford describes it as, ‘a beautiful celebration of strong women, and of the power of reconnecting with our passions and remembering who we were before the

metamorphosis of motherhood. There's delicious romance, a breathtaking setting, and heart-warming friendships. I laughed, I cried, I raged and I cheered!'

Returning to Adelaide will be released by Hawkeye Books March 2022. Advance copies are available for media and reviewers by request, and Anne is available for interview and photo opportunities.

Contact information:

Email: hello@annefreeman.com.au

Phone: 0432 395 690

Website: www.annefreeman.com.au

Instagram: www.instagram.com/annefreemanwrites

About the author:

Anne writes contemporary fiction about women who are stuck in life and the extraordinary ways they shake themselves loose. They're always engaging and sometimes funny with reluctant adventures, sexy escapades and friendships that uplift.

Anne was a finalist in the 2021 Romance Writers of Australia Valerie Parv Award and the 2021 Hawkeye Publishing Manuscript Development Prize. She is undertaking a Bachelor of Creative Writing at Deakin University while editing her second manuscript, *Me, That You See*.